

DRIVE LESS  
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MORE**  
LET'S LOOK AFTER THE LAKE DISTRICT

## Days out from Isaac's Byre

### Day one

Explore the local area. Leave the car at home.

Go for a walk to Ashgill Force. See leaflets and map in the cottage. It is a magical place where one can walk behind the waterfall.

Call into Pennine Perennials for great plants which will grow just about anywhere as they have been grown 1000ft above sea level.

### Day two

Take a short trip in the car to Alston. Explore the quaint lanes behind the shops. Visit the Town hall, and the art studios and antique shops. Local links can tell you what is on locally during your stay.

Use the Alston Town trail leaflet to guide you around the town.

We recommend Cumbrian Pantry opposite the Town Hall for excellent lunches and take away foods.

In the afternoon take a walk to Seven Sisters waterfalls and maybe visit Fairhill recreation ground for zip wire, climbing, swinging, basketball and nature pond walk.

For an afternoon break try Alston House, The Top Café or Blueberries for tea and cake.

### Day three

Today head back to Alston for the railway. Alston has a narrow gauge railway which travels into Northumberland. First of all visit the Discovery Centre to find out all about the railway and surrounding area. Next take a trip into Northumberland on the train: hop off at Lintley bank and take a walk up the hill to Epiacum.

Continue on the train to Slaggyford. Once there, you can then walk back along the Tyne trail to Alston. For the infirm a trip back on the train is recommended. At the railway there is also a café and shop which are definitely worth a visit.

Back in Alston make sure you visit The Hub adjoining the station for a history of transport on Alston Moor.

**golakestravel**

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**nurture lakeland**



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